

Menu Week 2 - Sample Copy

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch							
Main Course	Beef Goulash (8)	Cooked Bacon with Mushrooms(6)	Cumberland Pie(8)	Chicken Chasseur(8)	Cod in Parsley Sauce(6)	Chicken & Ham Pie with Flaky Pastry(8)	Roast Beef in Gravy(8)
Main Course	Fish Pie (8)	Cooked Sausages(6)	Salmon Provencale (8)	Moroccan Lamb (8)	Pork Steaklette in Pepper Sauce(8)	Spicy Vegetable Casserole (6)	Yorkshire Puddings
Potato	Herb Dumplings (8)	Scrambled Eggs(8)	Boiled Potatoes(8)	Croquette Potatoes (8)	Potato Wedges(8)	Mashed Potatoes(12)	Mashed Potatoes(12)
Potato	Bolilled Potatoes(8)	Sauteed Potatoes(6)	n/a	Vegetable Rice (8)	n/a	White Rice(6)	Roast Potatoes(8)
Vegetable	Cabbage (8)	Baked Beans(12)	Sliced Carrots (8)	Peas(8)	Broccoli(6)	Peas(8)	Cabbage (8)
Vegetable	Mashed Root Vegetables (8)	Peas(8)	Cabbage (8)	Cauliflower(8)	Sliced Carrots(8)	Vegetable Medley(8)	Carrot Tips(8)
Dessert	Apple Sponge(8)	Cherry Pie(8)	Lemon Sponge(8)	Carmelised Apple Tart(8)	Bakewell Tart(8)	Sultana Sponge (8)	Mini Nordica Ice Cream (24)
Accompaniment	Custard	Ice Cream	Custard	Fresh Cream	Custard	Custard	n/a
Dessert	Rice Pudding with Sultanas(8)	Black Forest Gateau (18)	Butterscotch Rice Pudding(8)	Cooked Apricots(8)	Semolina Pudding (8)	Stewed Apple (8)	Clotted Cream Rice Pudding (8)
Tea							
Option	Scotch Broth with a Roll & Butter(8)	Vegetable & Herb Soup with a Roll & Butter (8)	Mushroom Soup with a Roll & Butter(8)	Tomato & Vegetable Soup with a Roll & Butter(8)	Leek & Potato Soup with a Roll & Butter(8)	Chunky Vegetable Soup with a Roll & Butter (8)	Carrot Soup with a Roll & Butter(8)
Option	Macaroni Cheese(6)	Pasta, Mushroom & Leek Mornay (6)	Cheese, Leek & Egg Pie(6)	Whole Jacket Potatoe(10)	Steak Slice (26)	Cauliflower Cheese(6)	Chicken, Bacon Cheese Crispbake(6)
Option	Broccoli(6)	Potato Wedges (8)	Peas(8)	Baked Beans (12)	Baked Beans (12)	Croquette Potatoes (8)	Bean Goulash(8)