



## Menu Week 1 - Sample Copy

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lunch</b>							
Main Course	Beef Casserole(8)	Premium Sausage Roll	Pork in Cider Gravy (6)	Sausage Casserole (8)	Battered Fish(4)	Potato Cheese & Leek Bake(6)	Roast Lamb in Gravy(8)
Main Course	Chicken & Broccoli Bake (8)	Corned Beef Hash(6)	Salmon Crumble(8)	Sweet Potato & Bean Chili(6)	n/a	Faggots In Onion Gravy (6)	n/a
Potato	Boiled Potatoes (8)	Mashed Potatoes (12)	Potato Wedges (8)	Mashed Potatoes (12)	Chips (6)	Croquette Potatoes (8)	Traditional Roast Potatoes (8)
Potato	n/a	n/a	n/a	White Rice (6)	n/a	n/a	Mashed Potato (12)
Vegetable	Sliced Carrots(8)	Baked Beans(12)	Cauliflower(8)	Sweetcorn (8)	Mushy Peas(12)	Peas(8)	Minted Summer Vegetables(8)
Vegetable	Cabbage(8)	Peas (8)	Broccoli(6)	Mashed Swede(8)	Peas(8)	Red Cabbagewith Apple & Port (8)	Sliced Carrots (8)
Dessert	Apple Pie(8)	Summer Fruit Crumble(8)	Chocolate Chip Sponge(8)	Spotted Dick(8)	Brakes Coffee & Mandarin Cake (18)	Rhubarb Crumble (8)	Raspberry Pudding(8)
Accompaniment	Ice Cream	Custard	Custard	Custard	Custard	Custard	Custard
Dessert	Brakes Lemon Cheesecake (12)	Clotted Cream Rice Pudding(8)	Cooked Apricots(8)	Chef's Rice Pudding(8)	Cooked Summer Fruits(8)	Tapioca Pudding(8)	Stewed Apple(8)
<b>Tea</b>							
Option	Minestrone Soup with a Roll & Butter(8)	Chicken Broth with a Roll & Butter(8)	Pea & Ham Soup with a Roll & Butter(8)	Minestrone Soup with a Roll & Butter(8)	Tomato Soup With a Roll & Butter (8)	Chunky Vegetable Soup with a Roll & Butter(8)	Red Lentil Broth with a Roll & Butter (8)
Option	Three Cheese Pizza(6)	Fishcakes(8)	Chicken & Broccoli Bake (8)	Cheese & Tomato Omelette(5)	Vegetable Crumble(6)	Quiche Lorraine (8)	Tuna Pasta Bake (6)
Option	Potato Wedges(8)	Mushy Peas(12)	Saute' Potatoes (6)	Baked Beans (12)	Saute Potatoes (6)	Potato Wedges (8)	Sweetcorn (8)